



FREQUENTLY ASKED QUESTIONS

What are your fees?

See registration or contact us.

From what age do you take?

We take from 6 years and older for the karate classes, but also have classes for 3-5 year olds (minies).

Is there contact in karate?

Yes, karate is a contact sport that involves blocking, punching and kicking. Our style of karate is semi-contact, meaning that the contact is controlled contact, and the degree of contact systematically introduced as students progress and are conditioned. This contact is not similar to MMA (cage fighting) and boxing and far less than contact made playing rugby.

Can students train at both Dojo's?

Yes, students can train at both Dojo's at no extra cost.

Do you do tournaments?

Yes, we are affiliated with both traditional and sport karate bodies, which enables students to participate between 9 - 13 tournaments a year.

Is any Easter Religion/Customs involved in your karate?

No, we do not practice any religion or religious customs in the karate.

However, we do use certain easter customs such as bowing to each other to show respect, reciting principles, and learning Japanese terms to explain certain concepts.